**Drug Facts**

**Active ingredient**
Phenylephrine hydrochloride 0.25%  ... Nasal decongestant

**Purpose**

**Uses**
- temporarily relieves nasal congestion due to:
  - common cold
  - hay fever
  - upper respiratory allergies
- temporarily relieves sinus congestion and pressure
- shrinks swollen membranes so you can breathe more freely
- temporarily restores free breathing through the nose

**Warnings**

Do not use if you have ever had an allergic reaction to this product or any of its ingredients.

Ask a doctor before use if you have:
- heart disease
- high blood pressure
- thyroid disease
- diabetes
- trouble urinating due to an enlarged prostate gland

When using this product:
- do not use more than directed
- do not use more than 3 days. Use only as directed.
- frequent or prolonged use may cause nasal congestion to recur or worsen.
- temporary discomfort such as burning, stinging, sneezing, or an increase in nasal discharge may occur.
- use of this container by more than one person may spread infection.

Stop use and ask a doctor if symptoms persist.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children.

If swallowed, get medical help or contact a Poison Control Center right away.

**Directions**
- to spray, squeeze bottle quickly and firmly
- adults and children 6 to under 12 years (with adult supervision): 2 or 3 sprays in each nostril not more often than every 4 hours
- children under 6 years: ask a doctor

**Inactive ingredients**
- anhydrous citric acid
- benzalkonium chloride
- purified water
- sodium chloride
- sodium citrate

**Questions or comments?**
call 1-855-565-5800 weekdays 9 AM to 5 PM EST

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**Drug Facts (continued)**

**Other information**
- store at room temperature
- protect from light
- retain carton for future reference

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- anhydrous citric acid
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