Drug Facts

Active ingredient  Purpose
Phenylephrine hydrochloride 1.0%  Nasal decongestant

Uses
- Temporarily relieves nasal congestion due to:
  - Common cold
  - Hay fever
  - Upper respiratory allergies
  - Temporarily relieves sinus congestion and pressure
  - Shrinks swollen membranes so you can breathe more freely
  - Temporarily restores free breathing through the nose

Warnings
Do not use if you have ever had an allergic reaction to this product or any of its ingredients.

Ask a doctor before use if you have:
- Heart disease
- High blood pressure
- Thyroid disease
- Diabetes
- Trouble urinating due to an enlarged prostate gland

When using this product:
- Do not use more than directed
- Do not use more than 3 days. Use only as directed.
- Frequent or prolonged use may cause nasal congestion to recur or worsen.
- Temporary discomfort such as burning, stinging, sneezing, or an increase in nasal discharge may occur.
- Use of this container by more than one person may spread infection.
- Stop use and ask a doctor if symptoms persist.
- If pregnant or breast-feeding, ask a health professional before use.
- Keep out of reach of children.
- If swallowed, get medical help or contact a Poison Control Center right away.

Directions
- To spray, squeeze bottle quickly and firmly.
- Adults and children 12 years of age and older: 2 or 3 sprays in each nostril not more often than every 4 hours.
- Children under 12 years of age: ask a doctor.

Drug Facts (continued)

Other information
- Store at room temperature
- Protect from light
- Retain carton for future reference on full labeling.

Inactive ingredients
- Anhydrous citric acid, benzalkonium chloride, purified water, sodium chloride, sodium citrate

Questions or comments?
Call 1-855-565-5800 weekdays 9 AM to 5 PM EST.